

Ramsey to Laxey Coastal Dinghy Race
Hosted by
Manx Sailing & Cruising Club
Saturday 3 August 2024

SAILING INSTRUCTIONS

Rules

The race will be governed by the Racing Rules of Sailing (RRS) and these Sailing Instructions. No boat or rig changes will be permitted during the event.

Notices to competitors

Notices to competitors will be displayed on a whiteboard located in the garage, under the 'Lookout'.

Signals made ashore

Signal flags ashore will be flown from the mast on the 'Lookout'.

If flag AP is displayed ashore, racing will start not less than 1 hour after the AP is lowered.

Schedule of races

Saturday 3 August	Race	Warning Signal @ 09:55
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Racing area and Course

The racing area will be Ramsey Bay along the coast to Laxey Bay

Classes

All boats shall sail within the same mixed handicap fleet.

Marks

All marks will be round orange inflatable buoys.

The Start

The 'Le Mans' style start will be from the beach in front of the MS&CC club house. Competitors must have their feet on the beach.

Race officer will sound a horn to start.

The Finish

The finishing line will be between a round orange mark in Laxey Bay and the Race officer who will be on Laxey Promenade - keep going until horn is sounded

Penalties

RRS Rules 44.1 and 44.2 will apply (Two turns).

Handicap System

The Average Lap/Portsmouth Number system will apply

Protests

Boats wishing to protest shall inform the Race Officer immediately after finishing and within 30 minutes of the finish of the last boat in the last race of the day.

Protest Notices will be posted on the whiteboard within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Competitors must check the notice-board as there will be no onus on the Race Committee to contact individuals.

Safety

Adequate personal buoyancy for crew members must be worn in the yacht at all times. Wetsuits do not constitute adequate personal buoyancy. Inflatable type buoyancy aids will not be considered adequate unless fully inflated. It is the intention of the Committee that this rule will be implemented at all times. Anyone not in compliance with this instruction will be disqualified without a hearing.

Please rig your dinghies on the beach in front of the clubhouse. If you do rig on the road/pavement in front of the clubhouse do not attach your boom in case it either injures a passer-by or damages someone's car.

This is a coastal race and as such competitors are warned that there will be strong tidal flows at certain places, such as at Maughold Head.

Keeping close to the land will minimise the tidal flow, there is little or nothing to be gained by going via the Cumbrian coast.

Please observe the patrol crews directions.

Competitors are reminded that the first consideration of patrol boats is the safety of competitors.

Patrol boats are provided for competitors taking part in the race. In the normal sequence of events, they will not be available to other boats outside the race area, nor will they be available when racing has finished.

Boats retiring from a race shall notify the Race Committee as soon as possible.

Competitors and helpers are also reminded that the Clubhouse is situated on a busy road, trucks will be using it on race day. Please take care and park responsibly.

Risk Statement

Rule 3 of the Racing Rules of Sailing states: 'The responsibility for a boat's decision to participate in a race or to continue racing is hers alone.'

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event.
- (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore.
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions.
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate.
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organizer does not relieve them of their own responsibilities.
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

(g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event.

Prizes

The Green Cup

Social

The Prize Giving will be held in the Laxey Sailing Clubhouse after the Laxey Regatta on Sunday afternoon, accompanied by a Regatta Tea.